JOIN our HCC GREAT ALOHA RUN (GAR) PRESIDENTS’ 100 CLUB #47 TEAM!
STUDENTS, EMPLOYEES, FRIENDS & FAMILY of HCC are welcome to JOIN our TEAM !!!

You must USE Presidents’ 100 Club Code #47 on ENTRY FORM to be eligible for HCC t-shirt and other perks.

WHY SHOULD I or OTHERS JOIN? WHO can JOIN?
- Get HEALTHIER! Try NEW things! Great way to spend time training with friends & family!
- MAKE NEW FRIENDS with other students, employees & others at HCC before, during or at our After-Race Picnic!
- Need help getting started to prepare for the GAR? PARTICIPATE in optional 8-week In-training Workshops to help you get started BEGINS December 18 (Sundays) at 6:45am at Kapi`olani Park Bandstand in Waikiki.
- Call your classmates & instructors from even other UH campuses, co-workers, friends & family to JOIN you on our HCC team!!! USE our CLUB CODE #47 and SIGN UP by Friday, DEC. 2 -- FOR ONLY those signed up with our club you get SPECIAL PERKS like: After-race PICNIC invite at HCC with to relax & unwind with great food & company – PLUS two t-shirts - special limited edition HCC & GAR In-training t-shirt –AND- If you compete the run, you get a 3RD one (Finisher’s t-shirt), too!
- Help HCC in “SHARING THE ALOHA” by participating and supporting our team! Help us to encourage folks to live a healthier Lifestyle and to help those who need support & love in our community. Can’t walk or run? Consider SHARING THE ALOHA by SPONSORING a student(s) by donating the cost by writing a check to Great Aloha Run or cash to cover the $38 entry fee so that they have the opportunity to experience the GAR!

WHAT IS THE GREAT ALOHA RUN? Held on the Presidents’ Day holiday, Monday, February 20 at 7am, the GAR is an 8.15 mile course from Aloha Tower to Aloha Stadium that is attracts people from all the world to promote health & benefits Carole Kai Charities that has given more than $10.9 million to over 150 organizations since 1985.

HOW MUCH DOES IT COST to JOIN? Be sure to select Presidents’ 100 Club & select “47”: $38 for Individuals or $25 for Keikis age 5-12) and Seniors (65 & older); Processing fee of $3.47 for online submissions.

HCC STUDENTS UNABLE TO AFFORD TO PARTICIPATE? Committed & willing to volunteer to help recruit & help with campus activities? Apply for a sponsor immediately. Limited sponsors available. Inquire at the Health Office.

Want more information? GREAT ALOHA RUN information booklets are available at the HCC Apprenticeship Office and HCC Health Office or viewable at www.honolulu.hawaii.edu/greataloharun, or go to the www.greataloharun.com website.

HOW CAN I SIGN UP? Drop off payments by Wednesday, NOV. 23 to: HCC Health Office (Bldg 2, Rm 108A) or HCC Apprenticeship Office (Bldg 4). YOU MUST select PRESIDENTS’ 100 CLUB & #47 when you either:
- SIGN UP ON YOUR OWN by Friday, DEC. 2 – 1. Go ONLINE www.greataloharun.com website (additional online processing fee of $3.47) where you get confirmation after submission; -OR- MAIL in your entry form and payment. 2. Submit to HCC: Copies of your submitted entry forms –OR- your completed GREAT ALOHA RUN RESPONSE SHEET (form-fillable version at honolulu.hawaii.edu/node/266)
- SUBMIT YOUR COMPLETED ENTRY FORM & PAYMENT on campus to above office by Nov. 23. Give payments (checks or exact cash) directly to an employee to ensure payment and documents are received.

USE the HCC CAMPUS WALKING MAP (website: www.honolulu.hawaii.edu/map) on back of page to get to the:
- HCC HEALTH OFFICE – BLDG 2, RM 108A (Next to women’s restroom)
- HCC APPRENTICESHIP OFFICE – Bldg 4B - LOOK for SIGN & ENTER THRU DOOR from PKG LOT #2

PLEASE CALL or EMAIL QUESTIONS TO:
HCC Health Office (Bldg 2, Rm 108A) at 845-9282 or lori@hawaii.edu -OR- Guy Shibayama at HCC Apprenticeship (Bldg 4) at 845-9247 or guyts@hawaii.edu. Mahalo!

Want to get our HCC T-shirt? You must register and inform us by Friday, DEC. 2 in order that we can order and get our t-shirt in time for the run. Want the t-shirt but not participating? You can order & pay $20 for it.

What if I miss the priority deadline for the t-shirts, can I still join the Presidents’ 100 Club team? We’d love to have you! Sign up online or mail to GAR Office by JAN. 27, 2017 to join our Presidents’ 100 Club and notify us of your contact information and even if you won’t get our HCC t-shirt, you’ll be invited to our on-campus HCC after race PICNIC.