Wellness Center
Informational Sheet for Faculty

Mission of the Wellness Center:
To offer a wide array of mental health and wellness services that support the academic, social-emotional growth and well-being of students and educate the campus community in the context of mental health & wellness and violence prevention.

Services:
The Wellness Center offers confidential short-term personal counseling that is strength based and solution focused to help students manage personal life issues and navigate their college experience.

Counseling services include:
• Short-term counseling
• Crisis counseling
• Referrals to campus and community agencies

Outreach and Educational Programming is conducted individually, in small and large group formats.
Services include:
• Consultation with faculty, staff and administrators
• Annual Health and Wellness Fair
• Tabling Events
• Classroom Presentations
• Enrichment Support Groups
• Personal Wellness Screenings
• Wellness Corners

* Educational programming occurs when time and staffing resources permit.

Staff and Services:
The Wellness Center is staffed by a Licensed Clinical Social Worker and Master’s level social work counseling interns. Personal counseling services are available during regular business hours in the fall and spring terms. We also provide limited access to counseling services in the winter and summer term. The department works on an appointment and walk-in basis, except in emergency situations. To schedule an appointment please call the Wellness Center at (808) 845-9180 or email at hccwell@hawaii.edu
Scheduling of appointments is strongly encouraged.
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How to Refer Students to the Wellness Center
During regular business hours (M-F, 9:00 am-3:00 pm), please contact the Wellness Center by phone (808) 845-9180, email hccwell@hawaii.edu or walk-ins are accepted. If the office is closed please follow procedure and communicate with the Dean of Students Office at (808) 845-9236.

Confidentiality and Informed Consent
In accordance with federal and state law, as well as professional ethical guidelines established for counselors, the Wellness Center counselors maintain confidential records of personal counseling sessions. This means that information shared with the counseling staff will not be disclosed to parties outside of the Wellness Center without written consent for such disclosure. Strict confidentiality is maintained except when, in the judgment of the counselor, such a disclosure is necessary in order to protect the client or another person from harm or when a court order is served to the department.

There are a few circumstances that a counselor may need to break confidentiality in a limited way:
• Serious concern of possible suicide.
• Client’s threat of harm to another party.
• Child or elder abuse (as per Mandatory State Law)
• Client will sign a release form allowing communication with another party (limited information with pre-approval of the client).
If you have questions about confidentiality, please call the The Wellness Office at (808) 845-9180.

Emergencies:
During Business/Office Hours:
If an emergency arises and you need to speak with a counselor or if you are concerned about someone and would like to consult with a counselor, please call the Wellness Center at (808) 845-9180 or email hccwell@hawaii.edu.

After Hours and Emergency Care:
If a student requires emergency services or needs to talk with someone after 4:30pm or during the weekends and holidays you may choose to contact the State of Hawaii’s 24-hour ACCESS Line (808) 832-3100 or (800) 753-6879. The ACCESS Line handles all types of mental health crisis questions 24 hours a day/7 days a week and can respond appropriately to questions of suicide, dangerousness, and crisis. You may also call 9-1-1, or go to the nearest hospital emergency room for assistance.

* Notify your dean or division chair of the situation with the student.