# Test Prep Guide

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<thead>
<tr>
<th>Course:</th>
<th>Test Date:</th>
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<tr>
<th>Test Format: (check)</th>
<th>Multiple Choice</th>
<th>Short Answer</th>
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<tbody>
<tr>
<td>Fill in the blank</td>
<td>Essay</td>
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<tr>
<th>What will be on the test?</th>
<th>Topic</th>
<th>I know this</th>
<th>Not too sure</th>
<th>No idea</th>
<th>Date Reviewed</th>
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<tr>
<td>(List the topics and put an “x” in the column that best describes how well you know about the topic)</td>
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<tr>
<th>Important vocabulary to know</th>
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Need help creating a study schedule? Make an appointment with a CARE staff member at 808-845-9290.

<table>
<thead>
<tr>
<th>My Study Plan</th>
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<tbody>
<tr>
<td>Day:</td>
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Reminder Tips

- Start studying at least one week in advance
- Find a place to study where you can concentrate and is free from distractions
- Complete all assignments
- Review your notes
- Complete any review sheets
- Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes)
- Get lots of sleep
- Eat a balanced diet
- Don’t cram the night before!
- Seek help from on-campus and online resources
- Form a study group with your classmates
# Study Plan Resources

## EXAM PREPARATION: EXAMPLE PLAN

<table>
<thead>
<tr>
<th>Day</th>
<th>Study Plan</th>
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</table>
| Sunday    | Study: 8-10 AM Library, 6th floor  
• Ch. 11, section 10  
• Analyze online test #2 |
| Study: 10-11 AM BCC, Cantina  
• Read & annotate for Wednesday  
• Create practice test questions from Ch. 18 |
| Monday    | Study: 8-10 PM Library, 3rd floor  
• Study text, mark, identify key points  
• Summarize material  
• Create practice test questions for Ch. 22  
• Make notes for Ch. 19  
• Test prep for Thanksgiving Break  
• Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes) |
| Study: 10-11 AM BCC, Cantina  
• Ch. 23, sections 7, 8  
• Read & annotate for Wednesday  
• Create practice test questions for Ch. 23  
• Teach prep for Thanksgiving Break  
• Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes) |
| Tuesday   | Study: 10-11 AM BCC, Cantina  
• Ch. 24, section 7  
• Read & annotate for Wednesday  
• Create practice test questions for Ch. 24  
• Teach prep for Thanksgiving Break  
• Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes) |
| Wednesday | Study: 10-11 AM BCC, Cantina  
• Ch. 25, sections 8, 9  
• Read & annotate for Wednesday  
• Create practice test questions for Ch. 25  
• Teach prep for Thanksgiving Break  
• Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes) |
| Thursday  | Study: 10-11 AM BCC, Cantina  
• Ch. 26, sections 9, 10  
• Read & annotate for Wednesday  
• Create practice test questions for Ch. 26  
• Teach prep for Thanksgiving Break  
• Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes) |
| Friday    | Study: 10-11 AM BCC, Cantina  
• Ch. 27, sections 10, 11  
• Read & annotate for Wednesday  
• Create practice test questions for Ch. 27  
• Teach prep for Thanksgiving Break  
• Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes) |
| Saturday  | Study: 10-11 AM BCC, Cantina  
• Ch. 28, sections 11, 12  
• Read & annotate for Wednesday  
• Create practice test questions for Ch. 28  
• Teach prep for Thanksgiving Break  
• Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes) |
| Sunday    | Study: 8-10 PM Library, 6th floor  
• Text, make notes on Ch. 16  
• Quiz yourself on Ch. 16  
• Answer practice test questions from Ch. 18  
• Teach prep for Thanksgiving Break  
• Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes) |

## Study Plan Reminder Tips

- Set days and times of when you will study
- Be specific on what you will study at each time
- Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes)
- When “testing” yourself, recreate the test environment. Don’t use your notes or textbook if you won’t be able to use it during the test.

## Preparation Strategies – DO FIRST

- Develop study sheets
- Create practice tests
- Flashcards (vocabulary, problem, formula, question)
- Re-read text material
- Outline reading/material

## Review Strategies – TEST YOURSELF

- Summarize material
- List steps in the process
- Predict/write essay questions
- Make a list of 20 topics that would be on test
- Answer chapter review questions
- Answer essay questions
- Test yourself using flashcards
- Take practice self-tests
- Practice study guide info out loud
- Do any “missed” problems
- Recite chapter review answers/main points out loud
- Teach the material to someone
### What will be on the test?

(List the topics and put an "x" in the column that best describes how well you know about the topic)

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### Important vocabulary to know

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<th>Vocabulary</th>
<th>Definition</th>
<th>Example</th>
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