LEARNER SURVEY: In each section, check each description that applies to you. Leave the others blank.

1. _____ If I need to spell a word correctly, I write it down to see if it "looks" right.
2. _____ I can remember names if I see them written on name tags.
3. _____ I enjoy reading books and looking at the pictures.
4. _____ I would prefer to read the directions or look at the illustrations before beginning a project.
5. _____ To remember what my teacher says in class, it helps me to take notes.
6. _____ I usually write down all of my assignments to help me remember them.
7. _____ A good way for me to practice vocabulary words would be to use flashcards.
8. _____ I like my desk and locker to be organized.
9. _____ I can sit still to watch TV or work on the computer for a long time.
10. _____ I understand things better when I read them than when I listen to them.
11. _____ I like for my folks to make a list of the chores I need to do rather than just tell me.
12. _____ I can picture things easily in my mind.

TOTAL NUMBER OF CHECKS IN SECTION A __________

1. _____ If I hear someone's name, I remember it easily.
2. _____ I prefer to listen to a book on audio tape rather than read it.
3. _____ I can pay attention and remember easily when my teacher reads aloud to us.
4. _____ I use jingles and songs to help me memorize things.
5. _____ If I were lost, I would stop and ask someone for directions rather than look at a map.
6. _____ In reading, I can best remember a story if we have a class discussion about it.
7. _____ I remember songs after hearing them only a couple of times.
8. _____ I often read and study by repeating information aloud to myself.
9. _____ I am distracted by background noise (like pencil tapping) when I am taking a test.
10. _____ I like to study for tests by having someone quiz me aloud.
11. _____ I like to talk and listen.
12. _____ I work math story problems by talking through them aloud.

TOTAL NUMBER OF CHECKS IN SECTION B __________

1. _____ It is hard for me to pay attention when I must sit still for a whole class period.
2. _____ I enjoy sports and being active.
3. _____ I count on my fingers or with other objects when I do math problems.
4. _____ My favorite classes are those where I can move around a lot.
5. _____ I would almost always choose to play outside rather than sit inside and read a book or listen to tapes.
6. _____ I have a hard time staying neat and organized.
7. _____ I am good at skills that require precise movements like balancing on a beam, serving a volleyball or playing ping-pong.
8. _____ I prefer to learn a new activity by being shown how to do it rather than reading about it or listening to a tape about it.
9. _____ I would like to act out stories rather than talk about them.
10. _____ I have a good sense of balance and rhythm.
11. _____ I can learn new dance steps or athletic skills after only trying them a few times.
12. _____ I would like to study my multiplication tables by saying them in rhythm while I jumped rope.

TOTAL NUMBER OF CHECKS IN SECTION C __________

Now write your section totals in the spaces below. A= B= C=

If your highest total is in section A, you are likely a SEEING learner. You remember best by using your eyes.
If your highest total is in section B, you are likely a HEARING learner. You remember best by using your ears.
If your highest total is in section C, you are likely a DOING learner. You remember best when you write it out.
I am strongest as a ______ learner.
My second area of strength is as a ______ learner.
SEEING, or visual, learners remember best when using their eyes. Some visual learners remember pictures best, the look of words and the image of numbers. They can visualize things that are described to them; creating displays and diagrams. They understand better when reading it themselves instead of listening to it. They like to take notes to help see the information. Most visual learners prefer to use diagrams, words and pictures, to assemble knowledge instead of guessing. Many are very organized, neat, and attentive to details.

Study by:
1. Highlight, underline, or color the main ideas in textbooks and notes.
2. Use a flowchart or mapping to help make sense of reading assignments.
3. Memorize by drawing pictures, graphic organizers, make timelines, re-copy notes, spelling, or math steps.
4. Make flash cards with steps and examples with color or images. Separate into “know” or “don’t know” piles, make a memory game with them.
5. Think in terms of pictures. Memorize what the word or formula “looks like”
6. Always write down the assignments in one central assignment book.

Beware of:
Seeing learners can watch too much television and easily daydream. Not while studying!

HEARING, or auditory, learners remember information best when using their ears. Most are good talkers and listeners. They discussion and remember easily what the teacher says. Auditory learners prefer to listen to a book or lecture instead of reading it. They often remember names and songs after hearing them once. They pick up on the tone of voice, the pitch, speed, and other auditory nuances.

Study by:
1. Complete reading assignments by reading it aloud. Read it like a story.
2. Read difficult passages multiple time out loud. Then tell someone about it.
3. Record your notes, vocabulary, math steps or other assignments. Then play it back in the car, at home, or while walking. Think about the material and recite it with the recording.
4. Use music or rhymes to help you learn. Put the information into a tune or jingle.
5. Have someone quiz you. Study with a friend and go over the material aloud.
6. Study in a quiet place to keep focused.

Beware of:
Hearing learners are easily distracted by noise, tv, music, and talking. Not while studying!

DOING, or kinetic, learners like to move and can concentrate best when they are active. Most are successful when they can practice, through movements, what they learn. Doing learners like to work with their hands, can play sports and doodle or draw out new material. They learn by writing or typing out the information multiple times. Doing learners like class projects where they can DO something. They learn math or spelling by “feeling” how it is written.

Study by:
1. Use objects like coins, blocks, drawings, etc. to help understand concepts.
2. Write out your words or formulas in art, in the sand, or with magnet letters to physically create them.
3. Use topographic maps, globes, and puzzles to study history and geography.
4. Use a chalkboard to draw, write, and create something to explain the information.
5. Recite your material while you do something active, walking, jump rope, finger drawing, etc.
6. Alternate between sitting and standing as you study. Do easy activities, walking, for hard material, and harder activities, pushups, for easy material.

Beware of:
Doing learners cannot sit still for long periods of time and struggle with abstract concepts.