Carole Kai Charities, Inc. Presents

Kaiser Permanente®
GREAT ALOHA RUN
KE KUKINI ME KE ALOHA PAU'OLE

SHARING ALOHA 2017

Title Sponsor
Kaiser Permanente

Benefactor
Harry & Jeanette Weinberg Foundation, Inc.

Presidents’ Day February 20, 2017

www.greataloharun.com

follow us:  

KRATER 963
Aloha everyone!

"TO SERVE THE PEOPLE OF HAWAII with FUNDS GENERATED THROUGH the KAISER PERMANENTE GREAT ALOHA RUN. THAT IS OUR GOAL OF THE KPGAR - SHARING THE ALOHA!"

The KPGAR is put on with a lot of HEART and HARD WORK by 4,000 VOLUNTEERS, Race Committee Members and ongoing CORE Committee Members! Our Board Members guide the Goals and Day to Day Operations. All of these people are Sharing the Aloha with those they touch!

Our Goal is also to encourage folks to live a healthier Lifestyle and even offer to help them prepare for the Event with our FREE 9-week In Training Workshop (starting in December). Our thanks to Sheldon and Marie Gross from Toronto, Canada for Sharing the Aloha with that Sponsorship!

In Hawaii, we love our Senior Citizens which is why Rene Mansho and I started the FREE Senior Citizens Computer Classes 14 years ago! What joy we feel seeing the 60s+ Seniors enjoy the June through August classes, learning and making new friends along the way. Thanks, Rene for your Years of Sharing the Aloha!

The KEIKI ALOHA RUN, Saturday before the big GAR, is always a blast as you watch thousands of KEIKI run their hearts out around Neal Blaisdell Center and McKinley High School - you would think they're vying in the Marathon!!

The KEIKI and their parents get to enter the KPGAR EXPO for free after finishing their Run. "Every bit of those funds raised go to Sharing the Aloha with their elementary schools. YAY!!"

There is no better "balm" for the Heart than when one is Sharing the Aloha with friends, family, strangers and those who need support and Love!

And, thank you, Kaiser Permanente and our awesome sponsors for Sharing the Aloha with the KPGAR! Here's to Sharing the Aloha with all of you in 2016!

Mahalo and Aloha,

Carole Kai
Happy Volunteer and Supporter for 33 Years

And I could do nothing without the Lord helping me. "If anyone has material possessions and sees his brother in need but has no pity on him, how can the Love of God be in him? Dear children, let us not love with words or tongue but with actions..."
- 1 John 3:17

Carole Kai Charities Board of Directors

Carole Kai Onouye
Randy Hirono
Mike McCarty
Jean K. Hagi
Robin K. Campaniano
Ali Nakhoo
Rene Mansho, Ex-Officio
Stanford Carr
Emi Asanuma

MESSAGE FROM THE CAROLE KAI CHARITIES, INC. BOARD CHAIR

Aloha!

On behalf of the Board of Directors of Carole Kai Charities, Inc., Presenter of the Great Aloha Run, let me join Carole in inviting you to participate in our 33rd Annual Run. We are fortunate to have had the support of the thousands of you who come out every year, whether as a runner, sponsor, donor, volunteer or other participants in our other related programs and activities. You all make this possible! With all of your participation, we believe that we make a difference in our community - whether in assisting many Hawaii nonprofits with needed funds, or promoting good health through our physical programs, and the Run itself, and promoting goodwill with our military, who are very much an important part of our community.

Whether you are a returning or new participant in the Run, the Expo and some of the other activities that demonstrate that we are "more than just a Run", we join Carole in welcoming you to the Great Aloha Run, its activities, and its growing 'Ohana!

Thank you for all that you do.

Lawrence S. Okinaga, Esq., Chair
Carole Kai Charities, Inc.
Board of Directors
Proclamation
In Recognition of
Great Aloha Sports, Health & Fitness Month

WHEREAS, the Great Aloha Run (GAR) was created in 1985 to promote health, fitness, family, community, and fun as well as raise funds for local charities; and

WHEREAS, the vision of the Great Aloha Run, "Ke kūkui me ke aloha pau'ole" (The Race with Compassionate Love), exemplifies the mission to promote the values of Hawai'i's aloha spirit: a' Kia'i, lōkahi, e'ka'a, ha'aha'a, and aloha; and

WHEREAS, the GAR has raised over $11 million in 32 years for more than 150 non-profit health and human service organizations and community groups; and

WHEREAS, the Great Aloha Run Sports, Health & Fitness Expo educates our keiki, kupuna, and community with exhibits, seminars, and activities that emphasize exercise, diet and nutrition, healthy living, recreation, and leisure; and

WHEREAS, over 4,000 volunteers, non-profit organizations, and businesses help support the run and expo; and

WHEREAS, with increasing interest, participation and community pride among runners, walkers, wheelchair users, and babies in strollers who enjoy the experience, over 20,000 people participate in the Great Aloha Run every year; and

WHEREAS, the State of Hawai'i has been recognized as a premier location with an ideal climate, longevity, quality of life, good health practices, and an emerging 21st century healthcare system; and

WHEREAS, the Great Aloha Run is held every year on Presidents' Day and highlights the Aloha Tower and Aloha Stadium;

THEREFORE I, DAVID Y. IGE, Governor, and I, SHAN S. TSUTSUI, Lieutenant Governor of the State of Hawai'i, do hereby proclaim February as

"GREAT ALOHA SPORTS, HEALTH & FITNESS MONTH"

DONE at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, on this twenty-fifth day of August 2016.

DAVID Y. IGE
Governor, State of Hawai'i

SHAN S. TSUTSUI
Lt. Governor, State of Hawai'i

Always With Aloha...Carole Kai Charities awards nearly $400,000 to Hawaii Charities!

Proceeds from the 2016 Kaiser Permanente Great Aloha Run and Expo enables the Carole Kai Charities to donate nearly $400,000 to Hawaii non-profit organizations, schools, athletic and sports programs, community programs serving special needs, at-risk populations, the military in Hawaii and the elderly. Mahalo to YOU, our race participants for helping to make a difference in our community!
**First, a great big heartfelt Mahalo to our Sponsors!**

**Title Sponsor**

**Kaiser Permanente® thrive**

Kaiser Permanente Hawaii has provided total health to the people of Hawaii for nearly 60 years. With over 600 physicians and providers supported by 4,300 nurses and staff, we are the state's largest integrated care organization, providing compassionate patient and family-centered care to 250,000 members. We serve Hawaii's communities with 23 facilities on Hawaii Island, Maui, Kauai, and Oahu. Kaiser Permanente is dedicated to high-quality evidence-based medicine, care innovations, clinical research, health education, and supporting the health of Hawaii's communities. Visit kp.org for more information.

**Benefactor**

**Harry & Jeanette Weinberg Foundation, Inc.**

The Harry and Jeanette Weinberg Foundation, Inc. provides contributions to charitable organizations helping the poor and needy. Since 1990, the foundation has provided over $290 million in grants for over 720 Hawaii non-profit agencies.

**Kama'aina Sponsors**

**Commercial Plumbing Inc.**

Commercial Plumbing, Inc. was established in 1985. At Commercial Plumbing, President Randy Hinkai and staff, recognize that their customers have very special needs – whether it be the installation or repair of residential and commercial plumbing or fire protection systems. The company continues to focus on timely service, fair pricing and personal attention.

**Eddie Onouye, Inc.**

A proud Farrington High School Graduate, Eddie is happy to support the Community through the Great Aloha Run. He is a partner of Body Mint, Hawaiian Ice Company and Sweep Strategies.

**Legacy Sponsor**

**THE QUEEN'S HEALTH SYSTEMS**

The Queen's Health Systems is a not-for-profit corporation established in 1985 to provide expanded health care capabilities to the people of Hawaii and the Pacific Basin. It is Hawaii's oldest and preeminent family of health care related companies, and has over 6,000 employees. Queen's has been a proud supporter of the Great Aloha Run since its inception in 1985.

**Special Company Sponsors**

- Alaska Airlines
- Aloha Stadium
- Certified Hawaiian, Inc.
- Hawaiian Ice Company
- Pacific Transfer, LLC
- MATSON
- Tsuha Foundation

**Special Individual Donor**

**Dr. Lawrence K.W. Tseu**

**Roberts Hawaii**

Roberts Hawaii is the state's largest tour and transportation company, with a full line of tours, entertainment options and ground transportation services on four islands: Hawaii, Kauai, Maui and Oahu. For more information, visit robertshawaii.com.

"Your success and happiness is a result of your attitude and your actions. Be positive, be proactive, and surround yourself with the best."

—Kristina Luckwood, President and General Manager

**Khon 2**

CUSTOM PUBLISHING & PRINTING Media Sponsor
Seniors Helping Seniors
Sharing Aloha with Technology and Our Island Seniors
15TH ANNUAL SHS COMPUTER CLASSES FUN FOR ALL!

E komo mai! We look forward to our 15th Annual Seniors Helping Seniors Computer Classes in the Summer of 2017, and hope that you will join us for FREE basic computer classes and participate with 21st century technology!

Thank you to our volunteer teachers Dean Uehara and Jack Tengan, our volunteer coordinator Rene Mansho, and our sponsors The Harry & Jeanette Weinberg and the Tsha Foundation! Senior citizens ages 55 and older can learn basic internet, email, Word, Excel, and Power Point at the Great Aloha Run Office in Iwilei. Our mission is to help seniors feel comfortable with computers and to have fun, too! So take that first step.

To sign up, call Rene in May @ (808) 291-6151, or email: renemansho@hawaii.rr.com

28th Silver Streaks
Sunrise Walk for Seniors
Saturday, February 18, 2017 at 7:30 A.M.
The Silver Streaks Sunrise 2017 Walk is just for you! There’ll be lots of encouragement along the course, plus you’ll enjoy refreshments, entertainment, a goodie bag, door prizes, and an official 2017 Silver Streaks t-shirt when you reach the finish line!

 Presented by
Hawaii Recreation &
Parks Society

DATE: Saturday, February 18, 2017
TIME: 6:45 a.m. - Walk numbers distributed,
7:15 a.m. - Warm-up, 7:30 a.m. - Walk begins
LOCATION:
Meet at McCoy Pavilion, Ala Moana Beach Park.
The 2.5-mile course is around Ala Moana Park.
WHO CAN ENTER:
Anyone 55 years or older may participate.
Encourage a friend to join you.
ENTRY FEE:
$15 by Jan. 31, 2017. Mail in entries must be postmarked by Jan. 23 to guarantee t-shirt size.
$20 on or after Feb. 1, 2017. Shirt size not guaranteed.

You may also sign up day of the event.
Please make your check payable to:
Hawaii Recreation and Parks Society
HOWTO ENTER:
Fill the entry form below, sign it, and MAIL with your entry check to:
Silver Streaks
P.O. Box 283208
Honolulu HI 96828
INFORMATION:
Leave a message at 683-6590 and someone will return your call or email us at: hrs@hawaiirecreationparksociety.com

*ONE application per person

28th Silver Streaks Sunrise Walk Entry Form

Please print clearly.

Last Name ____________________________ First Name ____________________________
Street Address ____________________________
City ____________________________ State ____________ Zip ____________
Phone ____________________________
Emergency Contact ____________________________ T-Shirt (Circle One) ____________ M L XL 2X AGE ____________

□ Honolulu Park & Recreation Senior Citizen Club (check if applicable) Name of Club ____________

Waiver and Release Statement: I agree to comply with the rules, regulations and event instructions of the "Silver Streak Sunrise Walk," a part of the Great Aloha Run. I know that running or walking in a running/walking event is a potentially hazardous activity. I am aware of and assume all risks associated with running/walking this event, including but not limited to falls, contact with other participants, the effects of weather, including heat and humidity, traffic, and the conditions of the road. In consideration of your accepting this entry, I, for myself and anyone entitled to act on my behalf, waive and release from any and all claims for injuries and damages I may have against the Hawaii Recreation and Park Society, Carole Kai Charities, Inc., Great Aloha Run, the City and County of Honolulu, the State of Hawaii, the Sponsors, their Agents and Representatives caused by the negligence of any of them arising out of my participation in this event, including pre- and post-walk activities. I attest that I am physically fit and have sufficient conditioned for participation in the walk. I consent to receive medical treatment which may be advisable in the event of illness or injury suffered by me during the event. I give permission for the free use of my name, voice or picture in any broadcast, telecast, advertising promotion or other account of this event.

Signature ____________________________ Date ____________

Ke Kukini Me Ke Aloha Pau‘ole
2017 Kaiser Permanente Great Aloha Run In Training Workshop

Aloha! Please join Amy Forsyth and her team for the 2017 Kaiser Permanente Great Aloha Run In Training Workshop!

The In Training workshop is a FREE 8-week program, designed to help you safely train for and finish the Great Aloha Run. We welcome all participants of any age and fitness level to join us. We have coaches for walkers, speed walkers, walk/joggers, joggers, and runners.

We meet Sundays, 6:45am, beginning December 18, 2016 at the Kapiolani Park Bandstand in Waikiki.

All you need to do to sign up, is show up! Go online to www.greataloharun.com to print a waiver form, complete it, and bring it with you on your first day, or arrive early to fill out a waiver. Come ready to have fun!

Contact: Amy Forsyth, GAR In Training Workshop Director at intraining@greataloharun.com. Or call: (808) 783-2558

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Keiki Great Aloha Run
Keiki 12 years & under, their ohana, school staff and supporters

Presented by: HAWAII 5210 LET'S GO!

The Keiki Great Aloha Run is Honolulu’s premiere running event for kids. It’s a 1.5 mile (untimed) fun run around the Neal Blaisdell Center & McKinley High School. Every registrant will receive a t-shirt, a healthy breakfast and the thrill of accomplishment. It’s a family-friendly event, so parents and supporters are also encouraged to lace up their shoes.

Saturday, February 18, 2017
Neal S. Blaisdell Center – Honolulu
Start Time: 8:00 a.m.

Visit kahoomiki.org for more information and how to register. The Keiki Great Aloha Run is a part of the Great Aloha Run. This event has been managed by Kaho’omiki, a non-profit organization, since 2011.

In 2016, $35,000 was raised to support nutrition education and physical activities at Oahu’s schools. A healthy fundraiser for healthy kids, healthy families and healthy schools.
Lucky 7 Prize Giveaway
Explore the Pacific Northwest with Alaska Airlines, Tulalip Resort Casino and Non-Stop Travel!

Lucky 7 Team Members can win…

A three-night Seattle Getaway!

**Package includes:**
- Roundtrip coach class ticket on Alaska Airlines
- Three-night stay at the Tulalip Resort Casino
- Daily breakfast at Eagles Buffet
- Airport transfers by Non-Stop Travel

Alaska Airlines
Alaska Airlines offers low fares and nonstop service from Hawai‘i to multiple West Coast cities. Your journey becomes part of the adventure as you watch free entertainment, snack on Pacific Northwest inspired cuisine, relax in our custom power-equipped seats, and enjoy our award-winning service. Visit alaskaair.com for more details.

Tulalip Resort Casino
Indulge in the luxury and excitement of Tulalip. The AAA Four Diamond Tulalip Resort Casino is among the premiere destinations in Washington State offering luxurious accommodations, award-winning dining options, a rejuvenating spa, casino excitement and world-class shopping.

For more information about Tulalip Resort Casino’s exceptional getaway options, visit www.TulalipResort.com or call (866) 716-7162.

**Note:** Must be age 21 and older, a Hawaii resident or active duty military based in Hawaii. Restrictions apply.

Round up your Friends and Family
Here’s how it works:

1. A Lucky 7 Team has seven (7) members—family, friends, co-workers, or neighbors—who are at least 21 years old on race day.

2. Register your Lucky 7 team via hardcopy by January 27, 2017, or register your team online by February 5, 2017.

3. The team entry donation is $245. Military, Senior, Keiki, and Stroller Baby rates do not apply. Not eligible for Presidents’ 100 Club.

4. All 7 team members must complete the GAR and be a 2017 Kaiser Permanente Great Aloha Run official finisher and be present for the Lucky 7 prize drawing.

Lucky 7 Team Leader Form
Please write legibly and complete info. Attach this form as a top sheet to 7 completed GAR applications.

**IMPORTANT; READ CAREFULLY!**
For hardcopy registrations

**Team Leader Directions:**
1. Complete the team form.
2. Attach 7 completed and signed 2017 official entry forms.
3. Enclose $245 check or money order payable to Great Aloha Run.
4. Mail all to:
   Great Aloha Run
   418 Kuwili St., Suite 102
   Honolulu, HI 96817

If not received as directed, team will be deemed ineligible for Lucky 7 participation.

Team Name: ________________________________

Team Captain: ________________________________

Day/Cell Phone: ________________________________

E-mail Address: ________________________________

Print your team members’ names:

2. ________________________________

3. ________________________________

4. ________________________________

5. ________________________________

6. ________________________________

7. ________________________________

You can also register online for Lucky 7!

Ke Kukini Me Ke Aloha Pau‘ole
Gear up for the Great Aloha Run High School Challenge

Thanks to health and community-minded companies and generous individuals, each of the 17 Oahu schools listed will have free entry for 100 students, teachers and family members to participate in the 2017 Kaiser Permanente Great Aloha Run.

The Team Fitness & Relay Challenge is coordinated by Rene Mansho.

KALAELOA PARTNERS LIMITED PARTNERSHIP ("KFLP"), a 268-megawatt Combined Cycle Cogeneration Power Plant located in Kapolei, is seeking greater and diverse pathways to energy sustainability, steps forward with consistent and sustained efforts to stay technologically advanced, environmentally conscientious, and energy efficient in the production of both electrical and thermal energy, Aloha!

- Rudi Tobar, General Manager

WIN YOUR SCHOOL A SHARE OF $2,500!!!

Through the generosity of Kalaena Partners, the first, second and third place teams will receive $1,000, $750 and $500. The seven runners-up will receive $200 for their school.

Every school will receive $200 for participating thanks to the generous support of Hawaii USA FCU.

"Like physical fitness, financial fitness requires setting a goal, then sticking to it every day. We all trip once in a while, but keep your eyes on the finish line!" - Scott Kaulukukui

KALANI HIGH SCHOOL
Principal: Mitchell Oiwa
Coordinators: Amanda Saijo & Dennis Kaneshiro

QUALITY GENERAL CO.
Stan & Carol Wada
"Papa take me fishing & golfing, cya Jason & Niki; watch me play basketball says Rylie, Cassidy, Ally & Emil baseball practice at Waipio today, says Blaise; watch me dance & put on makeup says Chantel; my swimming meet is today, says Kaylee! For my last year in high school, I write for my gradalkis to say "Papa come watch me!" - Stan Wada

KALHEO HIGH SCHOOL
Principal: Susan Hummel
Coordinator, Athletic Director: Mark Brillante
At Ameriprise Financial, giving back is deeply rooted in our culture. For more than 121 years, we’ve initiated positive change in the communities where we live and work. We wholeheartedly support our High Schools!

KAPOLEI HIGH SCHOOL
Principal: Elden Esparazita
Coordinator: SGT Maj Andrew Cee & Laila Tokuda

KALAELOA PARTNERS
Rudi Tobar & Bill Hoffmeister
"After it is said and done, as it is said that done! - Rudi Tobar & Bill Hoffmeister
"Shhh.. Quiet reflection can bring peace within." - Bill Hoffmeister

LEILEhua HIGH SCHOOL
Principal: Jason Nakamatsu
Coordinators: Arnold Abingono & Nick Spricklinghi

ISLAND INSURANCE FOUNDATION
"Had work and determination will guide you on the path to achieving your goals, but it is courage and commitment that will lead you to your dreams." - Tyler Tokoka, President

McKINLEY HIGH SCHOOL
Principal: Ron Okumura
Coordinator: Cory Marlowe & Bob Mockenhau

GUY'S SUPERIOR INTERIOR
Clyde Tatsukato
"You ain't Like me, but if you live it Right, Once is enough!" - Clyde Tatsukato, President

MAKAKA High School
Principal: Pauline Maunui
Coordinator: Wendy Wills

KAMUKU High School
Principal: Wade Araki
Coordinator: LTC Terence Bryan, JROTC

TERRITORIAL SAVINGS BANK
"Begun in 1921, we’ve committed to providing personal financial services & keeping in step with community needs and account holder expectations. We’ve grown to more than $1.8 billion in assets with 28 branches throughout the State." - Allan S., Kikugawa, Chairman, President and CEO

KAEKAHOI HIGH SCHOOL
Principal: Jesse Henry Lee
Coordinator, James Hill & Linda Nak

KALAELOA PARTNERS
Rudi Tobar & Bill Hoffmeister
"Nobody is asked to be perfect but we are to have character & integrity." - Rudi Tobar

CASTLE HIGH SCHOOL
Principal: Bernadette Tyrell
Coordinator: Regina Yosimori

HONDA WINDWARD
Merritt & Michael Stuber
"You will never have this day again, so make it Count!" - Sandy Kakahaka for Merritt Stuber

FARRINGTON HIGH SCHOOL
Principal: Alfred Cargallana
Coordinator, Col. David Carleton, 1SG Efem Agabalen, JROTC & Theresa Schubert

NAN, INC.
"Nan Inc is dedicated to offering students of Farrington High School with the opportunity to participate in the Great Aloha Run! We at Nan Inc, are firm believers that our efforts put forth in the present will help to shape the future for these students and we wish them continued success!" - Lane K. Uekuma, Executive Vice President

KAHUkU HIGH SCHOOL
Principal: Pauline Maunui
Coordinator: Wendy Wills

"I've been fortunate and Always want to help those less fortunate than myself. I give to the Great Aloha Run because it helps so many & gives me a chance to support school kids in the great rural areas!" - Bob Rubinos, Parent, & St. Ignatius, Toronto, Canada

KAMUKI HIGH SCHOOL
Principal: Wade Araki
Coordinator: LTC Terence Bryan, JROTC

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Caring for our beautiful destinations.

In the air and on the ground, Alaska Airlines is committed to keeping Hawai'i sustainable, healthy, and vibrant. Because a beautiful world begins in our own back yard.

Alaska Airlines
Proud sponsor of the Great Aloha Run.

Presidents’ 100 Club

Join the 2017 Presidents’ 100 Club and make a difference!
Strive for your best physical shape as ONE team!
Give back to your community while getting healthy.... A WIN-WIN!
Share the aloha and experience the excitement along the race course!
If your company or organization is up for the challenge, contact Dawn Mukai to get you and your team to be members of the elite Presidents’ 100 Club.

Here are just some of the special perks for our members:
• 50 participants receive a Goodie Bag
• 100 participants or more receive the Goodie Bag and entrance into the Ho’omaika’i Pizza Party at the finish line.

Mahalo Plenty to our Sponsors who continuously give so generously:

For more information, contact
Dawn Mukai, GAR Presidents’ 100 Club Coordinator, pc100@greataloharun.com or call (808) 528-7388.
This year, the Kaiser Permanente Great Aloha Run will turn 33... That's right, come February 20th 2017, the run, its volunteers, and its charitable giving will be celebrating 33 years of giving back to Hawaii. With each passing year we try to continue to find ways to ensure that your experience is one of a kind and a true reflection of Hawaii and Aloha... A few expected additions in 2017 are:

**On Course Entertainment...**

*More Bands than Ever!*

This year we expect over 10 bands and/or entertainers to blast you from one station to another, along the course.

**RACE COURSE ENTERTAINMENT**

Enjoy the great entertainment along the course:

- Kaleheo High School Band *led by Glenn Kidani*
- Wahiawa Middle School Band *led by Debie Yonashiro-Agpaao*
- Krater 96.3 - Hawaiian 105 KINE
- Hawaii Matsuri Taiko Drummers *led by Faye Komagata*
- Farrington High School Band *led by Charley Regua*
- FM 100 - Power 104.3
- Radford High School Band *led by Nicole Sherlock and Cerey Allen*
- Nanakuli High School Band *led by Ms. Blythe Koseki*
- University of Hawaii Rainbow "PEP" Band *led by Gwen Nakamura*

**Costume Contest**

You've seen them for years... decorated friends, neighbors, and runners coming out to entertain us in costumes, worn on race day. This year, we're getting organized and will be holding our first official costume contest. Check out [www.greataloharun.com](http://www.greataloharun.com) for more details.

**Mahalo Station Sponsors and Angels!**

We'd like to send out a special thanks to our confirmed on-course sponsors:

**AID STATION SPONSORS**

- United Laundry Services Inc.
  *Vicky Capetran*
  *at Aid Station 1*
- HMS Host
  *at Aid Station 3*
- Body MINT
  *at Aid Station 4*

**CUP ANGELS**

- GRENADINES *
  *at Aid Station 1*
- SUBWAY
  *at Aid Station 2*
- King Tut's Doner Kebabs
  *at Aid Station 3*
- Hawaii's Best Pizza
  *at Aid Station 4*
- Taco Bell Hawaii
  *at Aid Station 5*

**Free Limited Edition In Training T-shirt**

Sign up by December 2, 2016 and receive a free Limited Edition In Training T-shirt*. First 5,000 entrants only. Eligible registrants will receive an email and/or postcard with instructions to pick up their In Training T-shirt at The Running Room, 819 Kapahulu Avenue, Honolulu. For an additional $8 shipping and handling fee, the In Training T-shirt can be mailed to you, U.S. addresses only.

**Upgrade your In Training T-shirt**

Optional Dri-Tech In Training T-shirt
- 100% Polyester Dri-Tech Shirt
- Available in Men's Cut: XS - 2XL and Women's Cut: S - XL
- $25 (includes shipping and handling anywhere in the U.S.)

Purchase your Dri-Tech shirt on the Official Entry Form or when registering online!

*Final t-shirt design may vary from the above.
2017 Major Prizes for GAR Race Day!

Waikiki Weekender at the Marriott Waikiki Beach Resort & Spa
Two Consecutive Nights’ Stay in an Ocean View Room with daily Breakfast Buffet for two at the Kuhio Beach Grill and Dinner for 2 at DK Steak House.
“Retreat to the Tropical Playground of Waikiki Beach located on the quiet end of Waikiki.”

“Feel Better! Live Better!”
Fit For Life
Two complete fitness programs including a Personal Training and Massage Package from the Award-winning Fitness training on O‘ahu by Eric Okamura.

“Downtown’s Oldest Gathering Place”
“Come and meet your friends here!”
Murphy’s Grill
Two - Famous Corned Beef’N Cabbage Dinners for 10

“Next Stop, Zippy’s!”
Zippy’s Restaurant Inc.
500 – $5.00 coupons.

Major prize winners will be announced on race day during the awards ceremony at the Stadium from 9:15 a.m. Runners must put numbered prize tag in the collection bag as you enter the Stadium stands. Major prize winners must be present to win and will have five minutes to claim prizes. Major prizes must be claimed from the GAR Office within 30 days.

Hundreds of other Fabulous Prizes

3660 On The Rise
7-Eleven Hawaii
Ali’I Kai Catamaran
Aloha Shoyu Co Ltd.
Asahi Grill - Keeaumoku
Assagio Ala Moana
Atlantis Submarines
Bac Nam Vietnamese Restaurant
Big Island Candies
Bellini Bistro & Bar at Ward Centre
Bistro Green Papaya
Body Mint / Grenades
Cooke Street Diner
Doraku Sushi on Kapiolani
D.K. Steak House in Waikiki
Duke’s Waikiki
Fun Factory
Germaine’s Luau
Gyotaku Japanese Restaurant
Hale Vietnam
Hawaii Prince Hotel
Hikari Shiatsu
Tropics Bar & Grill,
Hilton Hawaiian Village
The Honolulu Club
Hula Grill Waikiki
Hy’s Steakhouse
Hyatt Regency Waikiki
Ice Palace
Jade Dynasty Seafood Restaurant
Jamba Juice Hawaii
Johnny Rockets, The Original Hamburger
The Kahala Hotel & Resort
Kissaten
Le Bistro at Niu Valley
Liliha Bakery
Longhi’s at Ko’olina
Magic of Polynesia
Maile’s Thai Bistro in Hawaii Kai
Marian’s Catering
McCully Bicycle & Sporting Goods
Menehune Mac Factory Gift Center
Michel’s at the Colony Surf
Morimoto Restaurant in the Modern
Morton’s Steakhouse in Ala Moana
Neiman Marcus, Mariposa & Mermaid Bar
O Curl Up N’ Dye
Panya Bistro
The Pineapple Room by Alan Wong
Pizza Hut & Taco Bell/TD Food Group, Inc.
Rainbow Drive-In
Romano’s Macaroni Grill
Roy’s Restaurant in Waikiki
Runner’s HI
The Running Room
Ruth’s Chris Steak House at Waterfront Plaza
Sabrina’s Ristorante Italiano
Salon Mei
Sansei Seafood Restaurant
Sea Life Park
Shangri-La Tea Company of Hawaii
Side Street Inn on “Da Strip”
The Stage Restaurant
Restaurant Suntory at Royal Hawaiian Center
Tamashiro Market
Tanaka of Tokyo
Tanioka’s Seafood & Catering
Tiki’s Family Fun Center
Waialana Coffee House
Wet & Wild
The Willows Restaurant
Young’s Fish Market

Ke Kukini Me Ke Aloha Pau‘ole
33rd Annual 2017 Kaiser Permanente Great Aloha Run
Presidents’ Day • Monday, February 20, 2017 • 7am Sunrise

THE COURSE
The 8.15-mile relatively flat course starts at Aloha Tower in Downtown Honolulu, winds its way along the historic harbor, down Nimkiwa Highway, Kamehameha Highway, and on to Aloha Stadium. Aid stations are at miles 2, 3, 5, and 7 and at the finish. Entertainment along the entire course!
Note: No bicycles, rollerblades, in-line skates, bikes, scooters, skateboards, animals (except service dogs), cars, or unregistered runners allowed on race course or through finish line at Aloha Stadium.

HOW TO REGISTER
To be officially entered, your entry form must be complete and received with full payment by the deadline. For more information, call the GAR Office at 528-7388 or email registration@greataloharun.com.


Registration by Mail: Send check or money order and entry form postmarked by Jan. 27, 2017 to GREAT ALOHA RUN, PO BOX 29750, HONOLULU, HI 96820-2150.


CHRONOTRACK D-TAG CHIP SYSTEM
The Kaiser Permanente Great Aloha Run features the ChronoTrack D-Tag Timing System. Each D-Tag contains a sensor which is read at the start line and at the finish line. The D-Tag transmits a signal which enables the system to record your official “gun time” as well as your “net time,” taking into account the actual time that you cross the start line.

FINISHERS’ T-SHIRT
ONLY finishes receive a Finisher’s t-shirt. Size selection is final. There are no refunds or other substitute t-shirts, if you for whatever reason, are unable to complete the race. Finisher t-shirts are not awarded to stroller baby participants.

ENTRY DONATION LEVELS & DEADLINES
Your entry donation includes eligibility for awards and prizes drawings, t-shirt for finishers only, post-race refreshments and stadium entertainment. Some exclusions apply to stroller baby participants. Your entry donation is non-refundable and non-transferable; the GAR Charities appreciate your donation.

BABY IN STROLLER
$5 • Baby 4 years and under (age on race day)
• Registered with stroller operator. Stroller must be walked the entire course.
• No eligibility for In Training promotion, awards, and/or random draw prizes.
• No eligibility for Presidents’ 100 Club promotion at this entry level.
• No eligibility for Lucky 7 promotion at this entry level.
• Unstroller.
• No finisher t-shirt. Receive a stroller baby t-shirt at Packet Pick-Up while supply lasts.

KEIKI & SENIOR ENTRIES
Keiki and senior entries processed online or postmarked by Dec. 2, 2016 are eligible for the free In Training t-shirt.
$25 Child 5-12 years and Senior 65 and older (age on race day)
• Eligible for Presidents’ 100 Club at this entry level.
• Unstroller.

PRESIDENTS’ 100 CLUB
Presidents’ 100 Club entries processed online or postmarked by Dec. 2, 2016 are eligible for the free In Training t-shirt.
$35 Presidents’ 100 Club Member, 13-64 years. Must have registered 100 club code on form to qualify.
• Enter online by Feb. 5, 2017 or postmark entry by Jan. 27, 2017.

LUCKY 7
Lucky 7 entries processed online or postmarked by Dec. 2, 2016 are eligible for the free In Training t-shirt.
$35 Lucky 7 Team Member. All 7 team members must be age 21 (on race day) or older to qualify. Each member pays $35 entry donation. No eligibility for Presidents’ 100 Club. Enter entry online by Feb. 5, 2017 or postmark entry by Jan. 27, 2017. After the deadline, teams with less than 7 registered participants will be defaulted to individual status. No transfers permitted. See page 7 for details or call the GAR Office at 528-7388.

To enter online, the Team Captain must pay for the entire team and enter each team member to go online and register under the team name. To enter by mail, the team form, 7 entries, and full payment must be postmarked by Jan. 27, 2017.

INDIVIDUAL ENTRIES
Individuals, 13-64 years. Register early and save! Entry donation for an individual increases incrementally the later you register.
$38 Early Entry Online for the free In Training t-shirt.
• Enter online or postmark entry by Dec. 2, 2016.
$38 Regular Entry, Enter online or postmark entry, Dec. 3, 2016 to Jan. 27, 2017. Not eligible for the free In Training t-shirt.

VIVE LA RACE ENTRY - AT GAR EXPO, FEB. 17-19, 2017
Participants who register at the Kaiser Permanente GAR Expo, Neal S. Blaisdell Center Exhibition Hall, Honolulu will receive free admittance to the Expo or discounted parking at Blaisdell Center. NO Presidents’ 100 Club, High School Challenge, Lucky 7, Sounds of Freedom, or Blue Star entries accepted. Cash, Visa, MasterCard, and AMEX only.
$50 Individual (13-64 years)
$25 Keiki (12 & under), Senior (65 & older)
$5 Baby in Stroller (4 years & under)

IN TRAINING T-SHIRT
Register by Dec. 2, 2016 and be eligible to receive a free special limited-edition In Training t-shirt. Shirt available in adult sizes S, M, L, XL, and XXL only. Size not guaranteed. Sorry, no youth sizes. Please present a photo ID at pick up located at Running Room, 819 Kapiolani Ave, Honolulu. If you have paid a mailing fee for the In Training t-shirt, please exchange your shirt at the beginning of January. There are no replacements for these participants who miss the Jan. 31, 2017 pick-up deadline. Stroller baby participants are not eligible for this promotion.
$8 In Training t-shirt Mailing Charge if entering by Dec. 2, 2016.
$25 Optional Dri-Tech In Training Shirt. Order when registering online or use the GAR Official Entry Form. Orders will be mailed weekly beginning in December, 2016. All orders will be fulfilled by mail, U.S. addresses only. Limitation quantities. First come, first served. Any remaining stocks will be available for purchase at the Kaiser Permanente GAR Sports, Health & Fitness Expo (GAR Store booth), Feb. 17-19, 2017.

GAR COMMEMORATIVE MEDAL
$9.95 Medals / Pick Up

$17.95 Medal / Shipped
Order by Jan. 27, 2017 when registering by mail or by Feb. 5, 2017 when registering online. All medals will be shipped after the 2017 GAR.

RACE PACKET PICK-UP AT GAR EXPO
Race packet pick-up and very late registration is held at the Kaiser Permanente GAR Sports, Health & Fitness Expo, Neal S. Blaisdell Center Exhibition Hall, Pikake Room, 777 Ward Avenue, Honolulu. Dates and times:
Friday, Feb. 17, 2017, 4 pm to 9 pm
Saturday, Feb. 18, 2017, 9 am to 7 pm
Sunday, Feb. 19, 2017, 9 am to 5 pm

Race packets (with running number, timing tag, pins, and race instructions) are only released with a pre-registration postcard or photo ID. Pre-registered participants who are 5 years and older receive a pre-race postcard with coupons for discounted parking at the Blaisdell, and free admittance to the Expo. Parking at the Blaisdell is subject to availability. Participants with a Hawaii address may expect their mailed postcard about 5-7 days before race day.

U.S. mainland and international participants: Pre-race postcards are not mailed outside of Hawaii. Please pick up your postcard at the GAR Information Booth before entering the Expo.

If you have a confirmed registration evidenced by an email, payment receipt, or cancelled check and do not receive your pre-race packet, you must still pick up your race packet. Obtain a parking receipt from the Blaisdell parking booth attendant, then verify your registration at the GAR Information Booth (on main concourse) to gain Expo admittance and parking reimbursement instructions.

Participants who register at the Kaiser Permanente GAR Expo do not receive free admittance to the Expo or discounted parking at Blaisdell Center.

DIVISIONS
Elite Open or Elite Military: Competitive runners must qualify. Bring proof of running/race times. Military runners must present their military ID. Mandatory check-in at Expo Packet Pick-up.

Military: For Active Duty/Reserve/National Guard and Family Members! Family Members, check your sponsor’s branch of service. For more information, call the GAR Office at 528-7388 or email military@greataloharun.com.

Sounds of Freedom (Troops running in formation): Please use SOF ENTRY FORM. For more information, call the GAR Office at 528-7388 or email soundsoffreedom@greataloharun.com.


Share Aloha 2017
Kaiser Permanente.
Great Aloha Run
Military Entry Instructions

Mahalo for showing your Aloha by participating with us!

Individual Military Entries

Individual Military Entries are for active duty, reserve, national guard and family members who run with the rest of the public on race day, and follow the rules and guidelines of the race. You may run with your family and friends. There is prize money for 1st, $500 for 2nd & $250 for 3rd for the top three male and female runners who register in the Elite Military Division.

To enter, you may register online at www.greataloharun.com (service fees apply) or visit any MWR office and/or any participating retail store for an “OFFICIAL ENTRY FORM” and mail it in to the GAR office with your entry donation. Your entry donation is $30 which includes a $8 discount for serving our country.

You will be sent a postcard with information on how to pick up your packet at the Kaiser Permanente Great Aloha Run Sports, Health and Fitness Expo. On race day, you may either park at the Stadium and catch a bus to downtown to the start line or park downtown, run the race and then catch a bus from Aloha Stadium back to downtown.

On race day you will line up with the rest of the general public at the start line, start at 7 a.m. and pass through the same finish line as all other participants, receive a GAR FINISHER t-shirt, food and beverage.

Sounds of Freedom Entries

Sounds of Freedom is for Military running in formation with their unit, consisting of service men and women from all branches of service. The Sounds of Freedom is not a chip timed race. It is a march with all branches in their units calling out cadence, running in formation in PT gear, as “The Sounds of Freedom”!

Sounds of Freedom may register for the GAR through their unit SOF coordinator as a group. You may find the SOF unit POC and registration information at greataloharun.com (under Sounds of Freedom website tab). Please do not register with the “OFFICAL ENTRY FORM” as this form is for the general public, and service men and women NOT running in formation. Family members may not register under the Sounds of Freedom, but may register under military on the “OFFICIAL ENTRY FORM”. Entry into the Sounds of Freedom is complimentary. A commemorative SOF Finisher T-Shirt can be purchased separately for $20 donation to the Great Aloha Run Charities via POC instructions.

Your unit SOF coordinator will pick up your run numbers prior to race day, and issue them out on the bus race morning. You may only take the military buses from your assigned base for SOF. The buses at the stadium are for the general public & will NOT take you to the SOF start line! The SOF buses are for SOF participants only. Family members and friends may register for the GAR, but under “Military” and cannot run with SOF or use the buses provided for the Sounds of Freedom runners.

The SOF ready line is on Ala Moana Boulevard in downtown Honolulu. The finish line is just to the left of the GAR finish line inside Aloha Stadium. You will receive your GAR FINISHER t-shirt if you ordered one! You will also receive food and beverage at the finish. Your buses back to your duty stations will be waiting for you. Please line up and wait for your unit before you load back onto the buses.

For more information, please visit greataloharun.com (under Sounds of Freedom website tab) or contact your unit SOF coordinator or the Great Aloha Run office at 528-7388 or email soundsoffreedom@greataloharun.com.
2017 OFFICIAL ENTRY FORM
Visit us at: www.greataloharun.com
Monday, February 20, 2017, Presidents’ Day
For Official Use Only

1. Complete legibly and completely. Everyone on the course must be registered. One form per person, except a baby in a stroller must register on the adult’s form.

<table>
<thead>
<tr>
<th>Sex:</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date of Birth:</td>
<td>Month</td>
<td>Day</td>
</tr>
<tr>
<td>Last Name</td>
<td>First Name</td>
<td></td>
</tr>
<tr>
<td>Address</td>
<td>Apt No.</td>
<td></td>
</tr>
<tr>
<td>Address Line 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>City</td>
<td>State</td>
<td>Zip / Postal Code</td>
</tr>
<tr>
<td>Best Contact Number Including Area Code</td>
<td>Emergency Number on Race Day Including Area Code</td>
<td></td>
</tr>
<tr>
<td>Email Address</td>
<td>Emergency Contact Name</td>
<td></td>
</tr>
<tr>
<td>Emergency Contact Relationship:</td>
<td>Family</td>
<td>Friend</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Military Branch of Service (check one):</th>
<th>Air Force</th>
<th>Army</th>
<th>Coast Guard</th>
<th>Marines</th>
<th>National Guard</th>
<th>Navy</th>
</tr>
</thead>
<tbody>
<tr>
<td>For Active Duty/Reserve/National Guard and family, check your sponsor’s branch of service. (D.O. will be required)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Free Bus to Downtown:</th>
<th>(Check only one please)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before</td>
<td>After</td>
</tr>
</tbody>
</table>

T-shirts Awarded to Finishers Only! (Unisex sizes). Finisher shirts are not available for babies in strollers. Size selection is final.

<table>
<thead>
<tr>
<th>Youth Sizes:</th>
<th>Y Med</th>
<th>Y Lrg</th>
<th>Adult Sizes:</th>
<th>S</th>
<th>M</th>
<th>L</th>
<th>XL</th>
<th>XXL</th>
</tr>
</thead>
</table>

2. Check box. All entries TIMED except Baby in Stroller.

2017 ENTRY DONATION LEVELS
Postmark your Entry by Jan. 27, 2017. (No paper entries accepted after this date.)

- $5 Per Baby (4 years and younger, pushed in stroller. Unlimted...) 
- $25 Child (5-12 years old) and Senior (65 years and older) (includes President’s 100 Club) 
- $30 Military (13-64 years) 
- $38 Individual (13-64 years) (includes President’s 100 Club) 
- $245 Lucky 7 Team (all team members must be age 21 on race day)...

OPTIONAL SELECTIONS (Check all that apply)

- $8 In Training Shirt Mailing Fee (Must register by Dec. 2, 2016 to be eligible.) 
- $9.95 Medal (Must pick up at GAR Expo, Feb. 17-19, 2017) 
- $17.95 Medal & Mailing Fee (Medal mailed after run) 
- $25 In Training Dry-Tech Shirt (Includes mailing to US address only) Style (please check one): Men’s Cut □ Women’s Cut □ 
- $25 My Gift to GAR Charities... 

TOTAL PAYMENT: ____________________________ $ 

ENTRY DONATION IS NON-REFUNDABLE AND NON-TRANSFERABLE

3. Please read and sign.

PLEASE READ AND SIGN.
Sorry, we cannot process without your signature.

Waiver and Release: I know that running a race is a potentially hazardous activity. I should not enter and run unless I am physically able and properly trained. I also know that, although police protection will be provided, there will be traffic on the course route. I assume the risk of running in traffic. I also assume any and all risks associated with running this event, including but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and the condition of the road, all such risks being known and appreciated by me. If I am an operator or occupant of a stroller or assisted wheelchair, I agree that I am fully responsible for my own safety and the safety of the occupant of the stroller or assisted wheelchair. (Safety is defined as doing everything reasonably necessary to avoid or prevent an accident including, but not limited to operation with safe speed and equipment and avoiding risks) I understand that in the event this race cannot be held as scheduled due to an act of God or circumstances beyond control, or I cannot participate for any other reason, the race is not liable to refund any money donated by me to participate. I further understand that my entry donation is non-transferable.

Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf covenant not to sue, and waive, release, and discharge Carole Kai Charities, Inc., the City and County of Honolulu, including their Police Department, the State of Hawaii, the race officials, volunteers, any and all sponsors, and any and all agents, employees, assigns, or anyone acting for or on their behalf from any and all claim of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event. I also hereby consent to permit emergency treatment in the event of injury or illness. Further, I hereby grant full permission to Carole Kai Charities, Inc. and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose.

This waiver and release extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

Signature (You should sign here for processing) Date

Signature of parent/guardian if under 18 years. Applications for minors will be accepted only with signature above.

Make non-refundable entry donation check or money order payable to: GREAT ALOHA RUN and mail to: Great Aloha Run, P.O. Box 29750, Honolulu HI 96820-2150 Postmark your Entry by Jan. 27, 2017

Banking services courtesy of First Hawaiian Bank. $20 assessed for return check.
2017 Sounds Of Freedom Supporters

Bank of Hawaii Foundation

As the founding sponsor of Sounds of Freedom, Bank of Hawaii Foundation is honored to, once again, be its lead sponsor for the 2017 Great Aloha Run. Our dedicated military ohana and their families are such valued members of our community. We are grateful to have the opportunity to celebrate the strength and resolve of these courageous men and women who serve to protect our freedoms.

Peter S. Ho, Chairman, President and CEO

Matson

“The men and women at Matson, both in port and at sea, send a special aloha to the U.S. Coast Guard for their decades of support of the Great Aloha Run. We salute their important role in serving Hawai‘i’s maritime community and thank them for their continued participation in the “Sounds of Freedom” division.” — Matthew J. Cox, President & CEO

BizGym Foundation

BGF seeks to empower the attainment of legacy through business. Our mantra for all programs including our flagship Lemonade Alley kid-biz challenge: Profit to Share! — Myron Nakata

Aon Risk Services

“All of us at Aon Risk Services wish to express our sincere appreciation to the men and women of the Armed Services for their courage and sacrifice on our behalf.” — Chad Karasaki, President

CKW Financial Group

“CKW Financial Group is proud to sponsor the troops who protect our freedom. CKW provides independent local wealth management and investment solutions. The Choy Kinney Wo Group is happy to help continue the giving tradition of the GAR.” — Lynne Kinney, Partner

First Hawaiian Bank

“First Hawaiian Bank, Hawai‘i’s oldest bank (founded in 1858) believes that it’s good business and good citizenship to give back to our community. FHB has been supporting the SOP since 1986! Yes, we care!” — Sharon Brown, President, FHB Foundation

Unlimited Construction Services Inc.

“At Unlimited Construction Services, Inc. we will clearly differentiate our performance by creating lasting relationships with clients, vendors and employees. Our objective is to excel in all five core values of safety, quality, timeliness, productivity and relationships while never sacrificing any one core value for the others.” — Jay Manzano, President

Enterprise Rent-A-Car’s founder, Jack Taylor, is a decorated WWII Navy pilot who flew off the deck of the U.S.S. Enterprise. Our name embodies our ongoing commitment to those brave men and women who serve our nation. We have 60 locations (and growing) throughout the islands and are proud to be serving customers with Aloha in Hawaii since 1994.

Ferguson Enterprises, Inc. is a wholesale plumbing supply house as well as a bath, kitchen and lighting gallery. We are proud to honor our brave men and women in the Armed Services! Thank you for your valued service.” — Aloha, Tim Yee

Ward Village

Ward Village is a 60-acre urban master planned community located in the heart of Honolulu. This coastal community is being transformed into a vibrant neighborhood with residences, retail and dining, outdoor public gathering places including a four acre park and pedestrian friendly streets.

Nan, Inc.

Nan, Inc., Hawai‘i’s premier construction contractor, is pleased to express our sincere gratitude to our military for all that they do and sacrifice with this token sponsorship. Without their unselfish efforts, we cannot enjoy the freedoms that we have. Mahalo!

Schuler Family Foundation

James K. Schuler, philanthropist, founded Schuler Homes, which is now D.R. Horton, Inc. Jim and wife, Bet, give much needed funds to worthy organizations through their Foundation. Mahalo, Jim!

Providing Hawaii with HVAC, sheet metal and construction services. We are dedicated to providing high levels of customer service and supporting local small businesses AND the Sounds of Freedom! — Stan and Val Salcedo, owners

Since 1888, Swinerton Builders, employee-owned, has provided high quality general contracting services throughout the western United States and Hawai‘i. “We are committed to supporting the military and the People of Hawai‘i.”

George Ebara, Vice President & Division Manager

“Stanford Carr is known for building communities on a foundation of the spirit of the Islands, respect for the land and our lifestyle. He consistently captures the opportunities that exist in designing neighborhoods, developing projects and developing land. Creativity and innovation are his hallmarks; quality is his commitment.”

Alexander & Baldwin is a kama‘aina company that has been a part of Hawaii for over 140 years! Today, it is engaged in real estate development, commercial real estate, agriculture, natural materials and infrastructure constructions. A&B is committed to building brighter futures for the people of Hawai‘i.

— Stan Kuriyama, Chairman and Chris Benjamin, CEO

The International Brotherhood of Electrical Workers, Local 1186, celebrates 75 years in Hawaii and is proud to serve the residential, industrial, and commercial electrical needs of the people of Hawaii. We are grateful for the sacrifices of active duty and retired service members and their families. Lighting your path to the future!

— Damien Kim, Business Manager/Financial Secretary

KITV is the home of Hawaii’s favorite primetime shows including Dancing With The Stars, Scandal, Modern Family, Fresh Off The Boat, How To Get Away with Murder and many more! Local viewers tune in to Hawaii’s only one-hour newscast every weekday at 6 and 10 with Yunji de Nies, Mike Cherry, Pete Caggiano and Robert Kekaula. More local news with a team you can trust. KITV Island News

Ke Kukini Me Ke Aloha Pau‘ole
Ke Kukini Me Ke Aloha Pauʻole
Ke Kukini Me Ke Aloha Pauʻole expresses the essence of the Kaiser Permanente Great Aloha Run.

So many lives in our community are touched by the Kaiser Permanente Great Aloha Run: more than 20,000 participants young and old, our dedicated volunteers, and the many charitable organizations who benefit from the net proceeds of this event each year. Each of us is enriched in many ways. LIVE ALOHA - The Kaiser Permanente Great Aloha Run Way!

ALOHA
The Great Aloha Run and the charities that benefit from it, exemplify the true meaning of Aloha.

AKAHAI
Unassuming,
The Great Aloha Run ʻOhana brings together the most unassuming individuals and businesses to make a difference in people’s lives and create positive change within our communities.

LOKAH'I
Unity,
The spirit of unity raises hundreds of thousands of dollars each year for our communities.

ʻOLUʻOLU
Gracious,
The giving and sharing by all who join us in the Great Aloha Run experience, whether they be from here or outside our beautiful state.

HAʻAHAA
Humility,
The Great Aloha Run ʻOhana is filled with humility from the camaraderie and friendships that have grown between the military and civilian communities in Hawaiʻi.

AHONUI
Patience,
Through patience and perseverance, the Great Aloha Run will continue to promote health and wellness throughout our event, as we truly believe that Hawaiʻi is the Health State.

Monday, Presidents’ Day, February 20, 2017
Go Green and register online @
www.greataloharun.com

Carole Kai Charities, Inc.
Great Aloha Run
418 Kuwili Street, Suite 102
Honolulu, HI 96817

Title Sponsor

Benefactor

Kaiser Permanente

Harry & Jeanette Weinberg Foundation, Inc.

www.greataloharun.com